

## Short Notice Rest Facilities for Junior Doctors

There will be times when trainees find themselves too tired to get home safely following an overnight period of work, i.e. after a night shift. In this circumstance, a room may be booked at short notice to allow a period of sleep.

On Monday to Friday mornings, this may be requested from 08:00 by contacting **Lynn Hadley**, Accommodation Supervisor:

Telephone - 01274 364102

Mobile - 07790 905786

Accommodation Office - C floor Field House.

***Name, grade, and specialty details will need to be provided.***

On Saturday and Sunday mornings, or bank holiday mornings, a room can be arranged at the main reception at BRI. A key will need to be signed out, and the same *Name, grade and specialty* details left.

With the rooms being limited, the spare key being held at main Reception may not be available. It is therefore strongly recommended that rest facility rooms be pre-booked, especially out of office hours. If you do not need to use it, the key it can simply be returned.

There will be no charge to the junior doctor for this facility. The charge will be met by the doctor's division, via the finance department.

Rooms may be available to book at any other time for a charge of £25 per night – this will be charged to the doctor requesting the room.